

YAKKUM BALI NEWS LETTER

JANUARY -
JUNE 2013





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YAKKUM Bali started 2013 by evaluating each of its departments and achievements in 2012. This review helped us to set new targets for 2013.

YAKKUM Bali has many exciting targets this year aimed at improving the organisation and providing increased quality and services for people with disabilities.

OUR NEW HOME

On 26th of January this year, YAKKUM Bali moved to our new location at the Annika Linden Centre, located in Jl. Bakung No. 19 Br. Tohpati, Kesiman, Kertalangu, Denpasar Timur.

One of the dreams of the YAKKUM Bali team was to have a comfortable place with quality facilities and infrastructure. We are grateful to Inspirasia and the Annika Linden Centre who have helped make this dream come true.

COVER: Yakkum Bali client Kadek (middle), with Arik and Dewi from YPK, performing a Balinese Welcome Dance at the Gala Opening of the Annika Linden Centre in April.

ABOVE: YAKKUM Bali Director, I Nengah Latra
BELOW: The Yakkum Bali Team



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IN BRIEF

435 NEW CLIENTS

registered at YAKKUM Bali between January and June 2013. We would like to thank all the people who have helped us to identify these new clients – 350 from Bali and 85 from outside Bali. YAKKUM Bali helped clients with a range of disabilities including: amputation 43; polio 45; CP 162; Club Foot 12; other 173. The majority of the new clients were identified through the “Puspadi Keliling” (*Puspadi on the road*) outreach program. Other clients were accessed through Lombok Care and local communities.

162

PROSTHETICS, BRACE, ANKLE FOOT ORTHOTIC (AFO), AND CRUTCHES WERE DISTRIBUTED BETWEEN JANUARY AND JUNE 2013.

The YAKKUM Bali team distributed 162 mobility aids comprising of 53 prosthetics, 14 Braces, 60 AFO, 2 Orthopaedic Shoes (OS) and 33 others aids (eg crutches, hand splint, walkers, tripod). Our new location at the Annika Linden Centre is more accessible, and has more facilities with separate rooms for measurement, workshop, and fitting room, making the process much easier for clients.

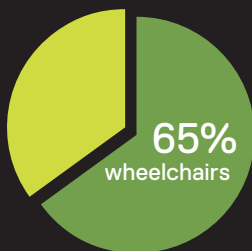
197 WHEEL CHAIRS

have been distributed by YAKKUM Bali, as follows:

71 Kids wheel chairs
70 Harmoni wheel chairs
55 Rough Rider wheel chairs
1 stroller
YAKKUM distributed 148 wheelchairs in Bali and 49 wheelchairs outside Bali – 48 in Lombok and one in Banyuwangi. To ensure ongoing quality service, the YAKKUM team will undertake an evaluation process of clients who have received wheelchairs. We will follow up on their experiences and assess wheelchair performance.

THE TOTAL OF YAKKUM'S CLIENTS TO DATE IS 2329

65 % of new clients that were registered in 2013 were in need of wheel chairs.



77 REPAIRS AND ADJUSTMENTS TO PROSTHETICS AND BRACES BY THE YAKKUM TEAM

YAKKUM Bali has repaired a total of 77 mobility aids - (36 prosthetics, 21 braces, 16 AFO, and 4 other pieces).

“We will monitor on our client’s experiences and assess wheelchair performance”



PHOTOGRAPH BY DANNI

YAKKUM EXPANDING EAST

A typical Sumba house. The peak in the roof traditionally contains the "benda pusaka" or heirlooms of the family. Pak Latra and Janice Mantjika meeting some families in Sumba.

Having a cast made for a prosthesis.



Client learning to walk with his new prosthesis.



SUMBA-NTT

May 2013 YAKKUM Bali and Inspirasia Foundation helped communities in remote areas of Sumba by distributing mobility aids including prosthetics, AFO and braces directly. YHUB Managing Director, Joseph De Wolk and Yakkum Consultant Janice Mantjika accompanied YAKKUM to assess field conditions in Sumba, and determine availability and access to education and mobility aids for people there. Based on their evaluation, YAKKUM Bali plan to increase help for people with disabilities in remote areas of Sumba. ■

Everyone is happy! Donations to the orphanage in Sumba from friends and donors in Australia and Denpasar



WHEELS TO LOMBOK

Our first delivery of wheelchairs to Lombok was on 4-6 March 2013.

A total of 49 Wheel Chairs were distributed throughout the island of Lombok: 11 wheel chairs to West Lombok 1 wheelchair to Central Lombok 37 wheelchairs to East Lombok

The success of this program was achieved through the cooperation between YAKKUM Bali and the Government of East Lombok. This was our first delivery and we plan to continue this cooperation into the future.

Through the Yakkum Bali basic wheelchair training in 2012, Lombok now has a wheelchair provider that we will work with to assist the Lombok community and perform assessments and distribute wheelchairs. ■

FLORES

After many requests from Yayasan Bhakti Luhur, YAKKUM Bali organized their first field trip to Flores on 21- 24 June. In partnership with local providers they distributed 19 mobility aids: 17 wheelchairs; 1 stroller; and 1 tripod. This was a very successful first visit. ■



St Damian Cancar, Manggarai, Flores

HOUSE MODIFICATION: BUKAN BEDAH RUMAH BIASA



TOP
The construction team

ABOVE
Pak Darma's family with Pak Latra and Ms Cherylynn's family – who we wish to thank for making this project possible.

This New Program started in April 2013, but it all began in 2005 with a group called Hands Up Holidays that planted the seed for YAKKUM Bali to raise funds to build a bathroom with disabled access. Thanks to Janice Mantjika (Jan's Tours and Travel Service) who helped this program finally be realised. Janice recommended this project to a family wanting a holiday with a difference. Ms Cherylynn, her two boys aged 8 and 13, along with her mother Ms Margo from South Africa chose Bali as their volunteer holiday destination. They gave a very generous donation which helped run the project "Bukan Bedah Rumah Biasa", which built an access ramp and bathroom and modify a kitchen for YAKKUM Bali's client, Pak Darma from Karangasem.

In 2010 Pak Darma fell from a jackfruit tree which resulted in him being permanently paralysed from the waist down. Due to poverty and lack of awareness, he did not receive proper medical care or advice and spent 3 years lying in a bed by the kitchen stove which led to further complications of his condition.

Since his paralysis Pak Darma's wife has worked odd jobs to feed their two children and family, and their daughter had to stop attending school.

Ms Cherylynn's family, the staff from YAKKUM Bali and the Annika Linden Centre, along with friends and neighbours of Pak Darma all volunteered their time to undertake this project. Pak Darma's family is so grateful for their new home. Since the modifications, Pak Darma's health has continued to improve, his daughter has returned to senior high school, the living conditions of the whole family have improved. They are feeling more positive and encouraged by the generosity and support of the many people that have helped them.

The family still require food aid, medicine and pharmaceuticals, mattresses, beds, blankets, used clothes, school fees and other relief so their daughter has the opportunity to complete her studies so she can help alleviate the hardship of the family. Assistance can be channelled through YAKKUM Bali or directly to the family. ■



1



2



3



4



5



6

1. Drawing up the plans
2. Materials arrive
3. Construction underway
4. Finishing touches
5. A messy day's work
6. New ramp and bathroom almost complete

PUSPADI OUTREACH PROGRAM

YAKKUM Team in cooperation with village authorities held Puspadi Keliling on the Road program at seven villages in the sub-district of Selat. They found 66 new clients during that program, and 35 of them needed wheel chairs which were distributed by YAKKUM in May 2013. ■



STAFF TRAINING AT BAKTI LUHUR, MALANG

"I now have a broader understanding about different abilities and challenges that face many of our clients and ways to assist them in their daily life"



YAKKUM Bali continue to support staff to develop and improve their knowledge in the field of disability. From January to March 2013 YAKKUM Bali sent two staff, Alit and Gede to basic level training for 7 weeks. The purpose of this training is so staff can provide the first evaluation for treatment in the field of disability. The training included basic physiotherapy and occupational therapy for clients, as well as knowledge and understanding of cerebral palsy and other types of disability. Gede says he now has a broader understanding about different abilities and challenges that face many of our clients and ways to assist them in their daily life. For example he now knows how to give initial treatment to clients and teach them how they can move from a wheelchair to bed or how to use crutches. ■

WHEELCHAIR MONITORING TRAINING

IWayan Buntas together with 4 staff from United Cerebral Palsy (UCP), attended the wheelchair monitoring and research training 1 - 12 April at UCP office in Yogyakarta. The training was conducted by a speaker from University of Pittsburgh, America. Participants were taught how to monitor and evaluate client experience, physical health and function, and to assess the quality of life for wheelchair users. Study participants totalled 320. The outcome from this training has increased quality service for YAKKUM's wheelchair users as well as working toward the independence of people with disabilities. ■



Buntas attending one of the training sessions



HUMAN RIGHTS ADVOCACY TRAINING

An Introduction to Human Rights, Advocacy, and the Role of the Disabled Community was held on 21-22 March 2013 at the Annika Linden Centre in Denpasar. A total of 56 participants from around Indonesia attended this training. The purpose of this training



provided an understanding of human rights, advocacy strategies, opportunities and challenges as well as an understanding of the attitudes and skills in self-advocacy. ■

JOURNALISM WORKSHOP

In cooperation with Sigab in Yogyakarta, Yakkum Bali's Admin and Finance Manager, Sang Ayu attended a 6 day Journalism Workshop on 20-26 March. The training focused on report writing skills and increased knowledge on Law and Human Rights. Sang Ayu's goal was to articulate the problems of Disability in Bali online. For more see www.solider.or.id

CLEFT LIP SURGERY

YAKKUM Bali in cooperation with Yayasan Senyum supported two of

Yakkum's clients to receive cleft lip surgery between January and March 2013. Adelina from Papua and Urip from Karangasem. Adelina will be back for further surgery to complete her treatment in the near future. ■



Adelina came all the way from Paupua to Bali for treatment.



READY FOR SCHOOL

Dwi was born in the district of Mengwi, Badung in 2008. When Dwi was born, he was not disabled. In 2011, when travelling on a motorbike with his father and mother, their bike sideswiped a car, and as a result the bike fell and Dwi's right leg was badly broken. Dwi was rushed to Klungkung hospital, and then referred to Sanglah Hospital, where the doctors established his leg could not be reconstructed and agreed it must be amputated. Earlier this year, two years after his accident, YAKKUM Bali discovered Dwi on one of their outreach programs and invited him to come to YAKKUM Bali workshop to be measured and fitted for a prosthetic leg. Dwi is now 5 years old. He is very happy to be mobile again with his new leg and is now looking forward to going to school this year. ■

Dwi takes a walk with his newly fitted prosthesis at Yakkum Bali, in the new Annika Linden Centre.



OUTBOUND AND OFF TO WORK

Wahyu at his laptop, busy designing, and with the other Job Skills Training participants at Outbound, which was held over 2 days in Bedugul, March this year.



Wahyu is one of the wheelchair recipients from the Basic Level Wheelchairs Training in November 2012. Previously, Wahyu used a non-adaptive wheelchair, which he found very uncomfortable because it was too large. He also required assistance to transfer in and out of this wheelchair. Wahyu has lived with Muscular dystrophy since the age of 15. After graduating from high school in Mahatmiya, Wahyu attend courses in Tabanan and continued to hone his computer skills especially in the field of graphic design. After completing the course Wahyu worked from home because at that time his wheelchair was too bulky making activities outside the home difficult. In 2012, Wahyu was offered a place at the Soft Skill

Training program organised by YAKKUM Bali. Initially he underestimate this offer because he felt he was proficient in the field of graphic design. During the soft skill training activities, Wahyu had the opportunity to use an *Adaptive* wheelchair for the first time. Wahyu soon discovered the benefits of this wheelchair. Not only did the wheelchair adjust to fit his body shape, but also, he learnt to transfer to and from the wheelchair independently. Now Wahyu can more easily undertake activities outside the home. Through his participation in the Job Skills Training Program, Wahyu was offered a job by Bali Orange Communications as a Website Designer. Wahyu is very happy now that he can go to work in an office as he finds it far more stimulating and interactive than working at home alone. ■

KAKI PALSU II



TWO INTERNATIONALLY REGARDED INSTITUTIONS WORKED WITH YAKKUM BALI TO SHARE THEIR SKILLS IN THE PRODUCTION OF PROSTHETICS.

KAKI PALSU II PROJECT

In February and March this year, Bob and Eline, master of design students from the University of Twente in Enschede, Netherlands, worked with YAKKUM Bali in the design and development of a lower leg prosthesis for a mobile workshop in Indonesia. This technology has the potential to help YAKKUM Bali set up a mobile workshop to reach people in the poor rural areas of Indonesia.

The aim of the 'Kaki Palsu II' is that it can be made in remote areas because the production process is quick and doesn't require the use of large specialised equipment. This makes mobile workshops more feasible.

The development of the new prosthesis has increased the feasibility of a mobile workshop because it is a quick process and it does not require any heavy machinery. The DARE Foundation in Jakarta will also help by making twenty of these prostheses and follow the users over a one year period. The aim is that the design for a new lower leg prosthesis for a mobile workshop in Indonesia will be developed further so in the future many poor people with disabilities in rural areas will have access to proper care, allowing them to create a better future for themselves.



V3 REMOTION

V3 REMOTION KNEE D-REV PROJECT

Two staff from D-Rev, an NGO in America that develops medical devices for people living on less than \$4 USD a day, visited Yakkum in May. Vinesh and Samuel introduced a way to produce a prosthetic using a polycentric knee joint and worked with Yakkum's clients to trial the joint. They wanted to confirm that the joint would have the strength and durability to endure the 3 million steps that is estimated each client will take over 3 years. The goal is to learn about the effectiveness of the new design, what features need adjusting before full scale

production, and how the knee impacts the lives of the patients being remobilised. They are also keen on feedback from other key users – our prosthetists fitting the knee. Clients will trial the joint with a follow up study in 6 months. At this stage the feedback indicates further modifications may be required, which is an important part of the trial process. Only a few clients were fitted with the knee before we noticed issues with its durability. The team at D-Rev quickly revised the design and Yakkum will resume fitting new patients in September. As the trials and modifications continue, we will report back later on their progress. ■

"It is estimated that each client will take 1 million steps per year"



Above: V3 ReMotion Knee Joint; and below, trailing and adjusting the joint.





ASEAN HUMAN RIGHTS MECHANISM FOR WOMEN WORKSHOP

It was a golden opportunity for Sang Ayu from YAKKUM Bali to join the workshop of Mechanism of Human Rights for Women in ASEAN, which was held by KALYANAMITRA on 29-31 January 2013 in Bali. She learnt about human rights for woman especially for women with disability. YAKKUM Bali realise that it's not enough helping people with disabilities by just distributing mobility equipment. We also need to be involved in advocacy, to educate and create awareness about disability and encourage understanding and inclusion, for people with disabilities who should be equally valued members of the community.

ADVOCACY IN BALI

Yakkum Bali has run 4 Advocacy Awareness Workshops since starting this program in November last year (14 November, 8 and 15 December 2012 and 28 January 2013). We plan to run more workshops in the future with the help of partners and stakeholders with the same vision as Yakkum Bali. The aim of these workshops is to create awareness and understanding of the rights of people with disabilities. Organisations that attended included: Dinas Social Provinsi, Senang Hati, Bunga Bali, Pertuni, HWDI, Gergatin, Sloka Institute, Mahatmiya, PPCI, NPC, Dria Raba.



DISABILITY AND AN INCLUSIVE SOCIETY WITH GARUDA INDONESIA

YAKKUM Bali invited more than 60 people to attend the seminar regarding Garuda Indonesia's concern about Disability and an Inclusive, Friendly, Dignified, and Non-Discriminatory Society. Held on 7th of February in Sanur, Bali. The Garuda Team and the participants were very enthusiastic to find solutions to assisting people with disabilities and to achieve a society free of stereotypes.

ASIA PACIFIC CONFERENCE ON DISABILITY (APCD) BANGKOK

PAK Latra and I Nyoman Widastra were speakers at Asia Pacific Conference on Disability (APCD) in Bangkok 9-11 January 2013. It began with the cooperation between Bangkok Team and YAKKUM Bali to document people with disabilities who have a business in agriculture and farming. As a participant in this study, Widastra (also a client of Yakkum) was selected to be part of the delegation from Bali to share and present his experiences with people from around the world attending the conference. It was a precious experience for Widastra who has not had a formal education to be a speaker abroad.

SUMMIT ON MILLENNIUM DEVELOPMENT GOALS POST 2015

The Summit was held on 24-25 March in Nusa Dua. Yakkum Director, Pak Latra, was the only delegate invited by the government to represent disabilities at this summit. Through his involvement with the HLPEP (High Level Panel of Eminent Persons) conference in Jakarta on 13-14 December 2012, the disability issue was successful in being included in the programs of Millennium Development Goals Post-2015. So that, we hope we will have more chance to fight for the right of Disabled people in Indonesia.



CLIENT TO STAFF

“Having an amputation, I know first hand how challenging some situations can be, and I want to help other people with disabilities to always feel encouraged”

Two days before Galungan, Gede had planned to return home to Buleleng with his sister who lives in Tabanan. Gede went to pick her up in Tabanan, but unfortunately she could not get time off work so they returned to Denpasar. On the way back, in heavy traffic, they tried to pass a truck, but there was a bike in front of them turning right and they had nowhere to go so the bike fell. Gede's sister fell to the right, and he fell to the left, and in front of the truck tires. Gede was pinned between the wheels of the truck and the motorcycle and was dragged about 1.5 km. Gede yelled at the truck driver until he finally realised Gede was trapped. When the truck finally stopped, Gede could

not feel his leg, he could not get up but was more worried about his sister, and was happy to discover she had survived the accident unharmed. When the police finally arrived, they managed the traffic only. Gede was very upset and annoyed that they did not help the accident victims. Eventually a passing truck took Gede to hospital. The driver left straight away and Gede did not have time to thank him. At Sanglah four of the doctors agreed that nothing could be done to save his leg and the only option was amputation, as the 5 hour time limit for treatment had already passed. After obtaining the consent of Gede's parents, he was in surgery. After the operation, his parents were very upset but

still managed to provide encouragement for Gede. The next day he was undergoing treatment at the clinic. In the clinic the family were less satisfied with the services and decided to leave and find another hospital. Gede went to a hospital in Buleleng where they had better services, and where they had community nurses that could do home visits. With this more positive experience Gede was feeling much happier and his feelings of anger and disappointment with the police and the previous hospital subsided.

Gede's story is very similar to many YAKKUM Bali clients

Gede found information about a prosthesis through a YAKKUM Bali brochure. His uncle phoned us and one month after the operation Putu a Physiotherapist at YAKKUM Bali visited Gede. Putu assessed him and told him how to wrap the leg while it was still healing. Putu said to come back in 6 months when the leg was stronger and the wound was dry. When Gede finally visited YAKKUM Bali he realised he was not alone, that even the makers of artificial limbs also undergo amputation.

After a couple of visits to PUSPADI Bali, Gede was offered a place to join a short workplace training program. During this training he made a lot of friends that were in a similar situation and gave encouragement to him. During this training Gede was given a placement with a group of architects.

He received experience and knowledge about building and after completing the training program, Gede had a chance to work in Buleleng as a project manager. But when given the task of measuring the slope of the building at a very high level he experienced vertigo. Gede eventually resigned and at the same time, by chance, received an offer from YAKKUM Bali to join our team, which Gede happily accepted. Prior to joining YAKKUM Bali Gede was sent to Bakti Luhur learn about disability.

Gede started work with Yakkum on 1 April 2013. “All the YAKKUM Bali team are cool, even though they are working professionals. The nature of family, solidarity and the spirit to help disability is very high” and the YAKKUM Bali team want to teach Gede how serve people with disabilities well . This service is a new world for Gede, and there are many interesting things to know and learn.

As part of the YAKKUM Bali team, Gede hopes he can help friends with disabilities by encouraging them to keep the spirit despite their different abilities.



THE POWER OF ART



Dayu Wid is not only YAKKUM Bali's finance officer, she is also an artist in her own right. In April this year, Dayu joined with four other female artists to hold an art exhibition for charity inspired by the spirit of Indonesian women's emancipation hero, Raden Ajeng Kartini. The exhibition, titled “The Power of Creative Women”, opened on April 23 at the Ganesha Gallery in the Four Seasons Resort Bali in Jimbaran Bay, in conjunction with Kartini's birthday. A total of Rp. 31.200.000 was raised through an auction of their paintings and donated to Yayasan Senang Hati (Happy Hearts, Foundation) to help empower people with disabilities. Dayu also lives with a disability, but it doesn't stop her from helping others. We congratulate her on her achievements and are very happy for Dayu with the arrival of her new son and first child.



CONSULATE OF AUSTRALIA'S DIRECT AID PROGRAM

We were very glad to receive funding aid from Consulate of Australia through the Direct Aid Program. This money was used to purchase drills, filing cabinets, ladders, and wheelchair racks and tables to assist in the assembling of Wheelchairs.

AUSTRALIAN VOLUNTEERS INTERNATIONAL COMMUNITY GRANT SCHEME

YAKKUM Bali also received a generous grant through the Community Grants Scheme (CGS) organised by Australian Volunteers International for training and expansion of the YAKKUM Bali wheelchair program.

We are grateful to Wendy and Danni who helped with the submission of these proposals.

RUNNING FOR SHARING BERLARI UNTUK BERBAGI

YAKKUM Bali are very pleased to partner with Running for Sharing coordinated by Mr. Santiago Uno. 30 dictionaries were donated for client use in Yakkum's Job Placement Training. Thank you very Much to Pak Santiago and Team!

GOODBYE DANNI

Danni was an AVID volunteer from Australia working with YAKKUM for 2 years. Danni finished her volunteer assignment in May and returned to Sydney to complete her studies in Occupational Therapy. YAKKUM Bali is very grateful to Danni who helped set up the YAKKUM Bali Wheelchair Program in 2011. This program continues to grow and has had a huge impact on Disability in Bali and Eastern Indonesia. Thank You very much Danni!



NEW VOLUNTEER FROM AUSTRALIA. WELCOME WENDY!

Wendy joined YAKKUM in January 2013. She is part of the Australian Volunteers for International Development program funded by AusAID. In the capacity of Communications Officer, she is sharing her knowledge and skills with YAKKUM's staff, helping Yakkum with communications and promotions and with our rebranding to PUSPADI Bali. We will be launching this very soon, so stay tuned!

A BIG THANK YOU EVERYONE!

ALL THE ACTIVITIES AT YAKKUM BALI WOULD NOT BE POSSIBLE WITHOUT THE GENEROUS SUPPORT OF: THE YAKKUM BALI TEAM, INSPIRASIA AND THE ANNIKA LINDEN CENTRE, REHABILIM TRUST NEW ZEALAND, OUR PARTNERS, DONORS AND VOLUNTEERS, SOCIAL SERVICES AND THE GOVERNMENT OF KARANGASEM REGENCY.



GALA OPENING OF ANNIKA LINDEN CENTRE (ALC)

SRI LESTARI RIDES
HER MODIFIED
MOTORBIKE FROM
JAKARTA TO THE ALC

YAKKUM BALI JOIN
MOTORBIKE CONVOY
FROM UBUD TO ALC

BELOW: YAKKUM Bali team participating in activities at the Gala Opening



YAKKUM Bali team member Sang Ayu, joins the motorbike convoy to ALC



Sri Lestari meets Pak Latra and Janice Matjika



"Put your left leg in..." YAKKUM Bali team preparing for motorbike convoy from Ubud to Annika Linden Centre in Tohpati, East Denpasar

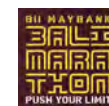


The marathon winners Nengah and Danu with Pak Latra



Bali wheelchair marathon "siap siap go!"

BALI WHEELCHAIR MARATHON



The Wheelchair Marathon was held for the first time in Bali. It was organised by BII May Bank with help from YAKKUM Bali. 40 people with disabilities competed in the event. Although it was a 10 km race, everyone managed to keep their enthusiasm and spirits going throughout the race which helped them reach the finish line. Push The Limit!

SALAM SEMANGAT BUAT KITA SEMUA...



YAKKUM Bali team visits Sumba. Photograph by Joseph De Wolk



Some YAKKUM Bali clients that have received wheelchairs and new prostheses